



# 2012 February

## Muskingum County Center For Seniors

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|--|---|---|---|
|   |  | <b>1</b><br>POT ROAST<br>MASHED POTATOES<br>CARROTS<br>TROPICAL FRUIT                               | <b>2</b><br>ESCALLOPED TURKEY<br>LIMA BEANS<br>BEETS<br>BANANA                  | <b>3</b><br>FISH ON A BUN<br>WEGDE FRIES<br>GREEN BEANS<br>APPLESAUCE             |
| <b>6</b><br>SMOKED SAUSAGE<br>ON A BUN<br>OVEN BROWN POTS<br>SAUERKRAUT<br>MANDARIN ORANGES | <b>7</b><br>SWEDISH MEATBALLS<br>BUTTERED NOODLES<br>LIMA BEANS<br>CARROTS<br>APRICOTS         | <b>8</b><br>ROAST PORK<br>SWEET PPTATOES<br>GREEN BEANS<br>FRUIT COCKTAIL                           | <b>9</b><br>BBQ CHICKEN<br>SPINACH<br>CORN<br>PEACHES<br>CORN BREAD             | <b>10</b><br>EGG SALAD ON A BUN<br>VEGETABLE SOUP<br>POTATO SALAD<br>BANANA       |
| <b>13</b><br>ROAST TURKEY<br>MASHED POTATOES<br>CAPRI BLEND VEGS<br>PINEAPPLE               | <b>14</b><br>CHICKEN PARMESAN<br>TOSSED SALAD<br>GREEN BEANS<br>TROPICAL FRUIT<br>GARLIC BREAD | <b>15</b><br>HAM & CHEESE ON RYE<br>BEAN SOUP<br>COLESLAW<br>BANANA                                 | <b>16</b><br>TACO SALAD<br>NACHO CHIPS<br>MANDARIN ORANGES                      | <b>17</b><br>PORK CHOP<br>AUGRATIN POTATOES<br>BEETS<br>APPLESAUCE                |
| <b>20</b><br>CLOSED   | <b>21</b><br>COUNTRY STYLE STEAK<br>MASHED POTATOES<br>BRUSSEL SPROUTS<br>PINEAPPLE<br>BISCUIT | <b>22</b><br>CHICKEN SALAD on a BUN<br>BROCCOLI SOUP<br>3 BEAN SALAD<br>BANANA                      | <b>23</b><br>LASAGNA<br>TOSSED SALAD<br>GREEN BEANS<br>APRICOTS<br>GARLIC BREAD | <b>24</b><br>LEMON PEPPER FISH<br>RICE PILAF<br>CARROTS<br>CORN<br>FRUIT COCKTAIL |
| <b>27</b><br>CUBED STEAK<br>MASHED POTATOES<br>BROCCOLI<br>MANDARIN ORANGES                 | <b>28</b><br>BAKED HAM<br>SWEET POTATOES<br>SPINACH<br>SPICED PEARS                            | <b>29</b><br>SPAGHETTI<br>WITH MEAT SAUCE<br>TOSSED SALAD<br>GREEN BEANS<br>PEACHES<br>GARLIC BREAD |   |   |



### DID YOU KNOW?

Valentine greetings  
have been found  
dating into the 1400's

The US Supreme  
Court met for the first  
time Feb. 1, 1790

Charles Dickens was  
born Feb. 7, 1812

Thomas Edison was  
born Feb. 11, 1847

Babe Ruth was born  
Feb. 6, 1895

Ronald Reagan was  
born Feb. 6, 1911

